MULTIDISCIPLINARY PREVENTION ADVISORY COMMITTEE (MPAC) MINUTES

DATE: October 16, 2013

TIME: 1:00 p.m. <u>Video-Conference</u>

LOCATION: Truckee Meadows College College of Southern Nevada

Redfield Campus Cheyenne Campus

18600 Wedge Parkway, HTC Room 103 3200 E. Cheyenne Ave., Room 2647B

Reno, Nevada Las Vegas, Nevada

Committee Members Present

John Johansen Impaired Driving Program Manager, Nevada Office of Traffic Safety
Monty Williams - Chair Director, Statewide Native American Coalition, Intertribal Council of NV
Susan Mears Planning & Evaluation Unit, Division of Child & Family Services

Meg Matta – Proxy for Cedric Kerns SAPTA Administrative Assistant

Committee Members Absent

Elizabeth Fildes Director of Clinical Services, Nevada Tobacco Users' Helpline
Peter Quigley Justice Outreach Specialist, Department of Veteran Affairs, So. Nevada

Scott Shick – Co-Chair Chief Juvenile Probation Officer, Douglas County

Others Present

Stephanie Asteriadis NPRC - CASAT

Sandi Larson OPHIE

Alyssa O'Hair CAPT West Resource Team

Christina Brooks Mental Health

SAPTA Staff Present

Charlene Herst

Meg Matta - Recorder

Nan Kreher

Linda Kreeger

Bill Kirby

SAPTA Prevention Team Supervisor

SAPTA Administrative Assistant

SAPTA Health Program Specialist

SAPTA Health Program Specialist

SAPTA Health Program Specialist

1. Welcome and Introductions

Monty Williams opened the meeting in due form at 1:05 p.m. and after introductions, a quorum was established.

2. Public Comment

There were no public comments.

3. **Discussion and Approval of the SEW/MPAC Combined Meeting Minutes of July 17, 2013** John Johansen moved to approve the minutes with corrections, and Meg Matta seconded the motion. The motion carried and minutes were approved.

^{*} Attended telephonically

4. Update from September10, Evidence-Based Workgroup (EBW)

Monty described some of the traditional tribal practices that are showing positive outcomes in tribal life, and his goal to add them to the Nevada Registry.

5. Update and Discussion on SAPTA's Integration with the Nevada State Health Division Charlene Herst announced the merger within the Division of Mental Health and Developmental Services (MHDS), and the new name: Division of Public and Behavioral Health (DPBH). Part of the integration process will be that SAPTA Prevention will be part of the Primary Prevention, or Community Services sector of the new structure. The commonality across programs will allow SAPTA prevention to work together with HIV/AIDS, chronic disease prevention and immunization. This should open up doors, as substance abuse crosses over almost every other concern in the DPBH, and will allow SAPTA to work together on things like grants or on site visits. When working on policies, the MPAC's scope may be broadened to include some of those other programs.

6. Discussion on the Need for Additional Members to the MPAC

The MPAC has lost members due to retirement or relocation, and has become small. As there is nothing in the title to restrict focus on substance abuse, the group could expand to encompass other areas of prevention. Charlene Herst asked the members to consider how to address the overall prevention needs that will arise from the integration of DPBH, and suggest new members who can fill gaps and assist in accomplishing the new goals. Monty said that it is important to make the connections between the state and the communities, and he thought it would be good to get more coalition representation. He added that the coalition members could also represent the MPAC when attending other board meetings. Further ideas were expressed on the interconnectivity with juvenile justice, education, the Division of Child and Family Services, the school districts, the American Heart Association and people in Chronic Disease, Tobacco and Diabetes. Our products could go beyond policies to trainings and newsletters.

7. Update on the Partnerships for Success Grant – Role and Responsibilities of the MPAC This is a five-year grant for \$2,207,505 / year for five years. 15% will be used for data analysis and evaluation, and the remaining 85% must go to communities. The main focus of the grant is prescription drug misuse and abuse in age groups 12 to 25. In response to the guidance documents and based on data, Nevada is expanding the focus of the prescription drug misuse and abuse to cover the lifespan, and to mental health prevention and suicides. The grant specifically states that the SEW and the MPAC must be involved. Charlene Herst pointed out the sub-populations listed in the handouts, and the need to perform a root cause analysis to determine the causes of the problems.

The role and responsibilities of the MPAC revolve around gap analysis, the development of policies, guidance statements and trainings that can be used by the coalitions and in the communities. John Johansen suggested a role of the MPAC could also be to ensure that sufficient guidelines are in place statewide that would pertain to the acceptable programs, how data is collected through those programs for decision-making purposes, and to create a framework for grants so any coalition can build their capacity to be eligible to apply. Monty

Williams pointed out the importance of assessment. He stated that it is widely known that prescription drug abuse is a problem in Nevada; but across all agencies, the first question to be answered is why it is such a big problem. The cause is pertinent to the prevention measures that will be used by tribes, counties, municipalities, or urban settings. Susan Mears added that once the root cause analysis is done, she thinks there will be many similarities that will apply to prevention efforts statewide. John Johansen said that with traffic safety, the statewide message is most clearly heard when the same message is broadcast statewide. A good strategy is to put out one message at a time, such as "Click it or ticket", rather than confuse with many different messages going out simultaneously.

8. Update on the Safe Schools/Healthy Students Grant

Christina Brooks said the grant will provide a little over two-million dollars per year over four years. The three counties participating are Washoe, Nye and Lyon. The focus of the grant is violence free schools – promotion of mental, emotional and behavioral health for children; promotion of early childhood social and emotional learning programs; connection of families, schools and communities; and prevention and reduction of the use of tobacco, alcohol and other drug use. Currently, as the first year is a planning year, a state team is being formed, and the coalitions are forming core teams to enable them to work together. Children's Cabinet is taking a lead on the beginning planning stages.

9. Update on the Cooperative Agreement to Benefit Homeless Individuals (CABHI) Grant Nan Kreher explained that the purpose of the grant is to provide funding for housing; it provides the necessary wrap around supportive services (mental health, substance use, case management and related treatment) to assist with a homeless person's ability to remain in housing. To qualify for services, the individual must be homeless and have a mental illness or co-occurring mental illness/substance use disorder. The contact to pursue services in Las Vegas would be HELP of Southern Nevada, 1640 E. Flamingo Road, Suite 100, Las Vegas 89119. Phone: (702) 369-4357 / www.helpsonv.org. HELP of Southern Nevada staff work very closely with the Southern Nevada HUD Continuum of Care organization, which actually provides the housing component. It will be funded for three years for about \$711,818 per year, and serve about 120 people statewide per year.

10. Update on Adverse Childhood Experiences Survey (ACES) – Policy and Protocol **Implications**

Charlene Herst said that using the data, the MPAC needs to think about policy and protocol implications. The challenge is to find a way, using ACES, to intervene at a younger age. Kristin Clements-Nolle received an NIH grant that will be used to develop and implement interventions with children, and will be a strong resource for collaboration. Stephanie Asteriades said she was a member of the Attorney General's task force on bullying, and a big part of the problem was that there was no funding. Teacher's needed to be trained to recognize a problem, there had to be programs they could refer kids to, and administrators needed to be educated and have resources they could use. It was obvious that the place to begin is with the administration and the teachers, and parents need education as well; but without money there is little that can be accomplished. Charlene Herst added that it may be something to take to the Legislature for funding.

11. Discussion and Approval of Meeting Dates for 2014

The dates of: January 15, April 23, July 16, and October 15 were proposed. Susan Mears moved to approve the dates, the motion was seconded by John Johansen and the motion carried.

12. Discussion and Approval of Agenda Items for the Next Meeting

- Nomination for a new Chair
- Look over sample ACES protocols
- Proposed members for MPAC, after first assuring they will be willing to attend.

13. **Public Comment**

There was no public comment.

14. Adjournment

Meeting was adjourned in due form at 2:30 p.m.